



# January Newsletter 2026



## MAIN IDEAS

January will be busy with Winter being the predominate theme throughout the month. We will observe the weather and our goal is to help the children learn how to dress and play during cold-weather days.

Health will be emphasized as we talk about medical professionals: doctors, nurses, and dentists, who help us maintain strong healthy bodies.

### VOCABULARY

Snow, ice, freeze, frost, crystals, doctor, nurse, dental hygienist, emergency, first aid, ambulance, stethoscope, heart, lungs, breathe, dentist, teeth, gums, tongue.

COLORS: Grey, White, Blue

SHAPE: Hexagon

HELPERS: Doctors, Nurses, Dentists

MANNERS: How to listen and talk in turn



## THANK YOU!

Thank you to all the parents, grandparents and friends who attended the Christmas Program! Your children did a wonderful job of presenting the story of Jesus.

A big thank you to the Room Moms for making the Christmas parties so special for the children. Merry Christmas and Happy New Year!

## UPCOMING EVENTS

Nurse Adriana Manthei will be coming to CEC on Monday, January 12 and Tuesday, January 13. Nurse Adriana will tell the children about her profession, how to stay healthy, and what they can expect when they go to the doctor's office.

A dental hygienist from Dr. Griffith's office will also come to CEC to share information on how important it is to take care of our teeth.

Please watch the weather forecast daily and continue to dress your child appropriately for their health and comfort. We will play outside as much as possible, even on cold days. Please send hats and heavy coats when necessary and label all clothing with your child's name.

## Registration

**Registration for the 2026-2027 school year is January 15, 2026 from 6:00 A.M. to 6:00 P.M. Registration will be held online. All Registration information will be on our school website. You will also receive a reminder in your child's backpack the week before registration.**

## Progress Reports

Three and four year olds will be bringing home progress reports at the end of January. Please review the report, sign, and return it to school immediately. You may request a conference with your child's teacher to answer any questions or concerns you may have. Please call the CEC office at 281-579-9232 to set a date and time for a conference.



## HEALTHY FOOD FAIR

During the week of Jan. 19 each class will be learning about making good choices from the following food groups—grains, fruits, vegetables, milk, meat, and beans. For their snack, CEC will provide each child an opportunity to taste a variety of food. The three and four year olds will listen to a presentation on how food makes our bodies grow big and strong.



## CHAPEL TIME

January 8 & 9  
GOD HELPS NAAMAN  
Kings 5:1-16

January 21 & 22  
DANIEL OBEYS GOD  
Daniel 1

January 29 & 30  
JESUS CALLS HIS DISCIPLES  
Matthew 4:18-22



## HAPPY NEW YEAR!

### IMPORTANT DATES

January 7— School Starts Back for 2026  
January 19—KISD Holiday  
SCHOOL CLOSED